

## 2008 Meadowbrook Makos - Important People

### Swim Team Board of Directors

President	John Lund	njlundra@comcast.net
Vice-President	Howard Olsen	meadowbrookmakos@hotmail.com
Treasurer	Deb Rapone	deb.rapone@verizon.net
Secretary	Kim Watkins	meadowbrookmakos@hotmail.com
Communications	Jeanie Ingram	meadowbrookmakos@hotmail.com
Computers	Mike Koob	meadowbrookmakos@hotmail.com
Meet Manager	Susan Townsend	stowndsend4@mac.com
PWSL Rep	Lorie Parker	meadowbrookmakos@hotmail.com

### Swim Team Coaches

John Gullickson, Head Coach  
Lauren Patch, Ass't. Coach  
Swimmer Coaches



### Other Key Positions

Meet Manager	Head Official
Head Timer	Head Scoring
Computer Support	Clerk of Course
Concessions	Spirit Wear
Swimsuits	Newsletter
Ribbons	Website

### Volunteer Opportunities

There are many ways for families to participate in the success of the swim team program. First and foremost, support your swimmer(s) by getting them to practices on time, encouraging them to do their best, and showing up when they swim in a meet. Beyond that, a swim meet is a huge volunteer effort. It takes approximately 100 person-hours to run a meet and every family is expected to help out in some way. The following is a partial list of the opportunities to lend a hand. Ask John or Howard if you want to know more!

Timer	Purchase Concessions	Stroke & Turn Judge
Recorder	Sell Concessions	Referee/Starter
Runner	Grill for Concessions	Clerk of Course
Heat Ribbons	Friday Donuts/Posters	Fundraising
Water Runner	Organize Team Socials	Team Pictures
Scoring/Verifying	Coordinate Team Spirit	Setup or cleanup for meet
Meet Marshall	Awards Banquet	End of Season Pool Party
Awards/Certificates	Caps/Goggles	Mini-Makos program