

**WESTRIDGE WAVES
2005 SWIM TEAM**

PWSLW2-S RECORDS PWSL

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SC Meters-Women

8 & U	25 Free	16.80	1-Jul-88	Stacey Ambrose (VP)
	25 Back	20.58	1-Jul-99	Dana Kalnins (SPST)
	25 Breast	21.72	27-Jul-02	Courtney Mizerak (MBW)
	25 Fly	17.72	27-Jul-02	Courtney Mizerak (MBW)
	100 Free Relay	1:18.12	1-Jul-92	Westridge 1992
9-10	50 Free	32.28	31-Jul-04	Courtney Mizerak (MBW)
	50 Back	37.38	1-Jun-98	Michelle Sawyer (FAST)
	50 Breast	40.87	1-Jul-98	Caitlin Brown (RWB)
	25 Fly	15.56	19-Jul-03	Lauren Poli (SUD)
	100 Free Relay	1:03.00	21-Jul-02	Meadowbrook Woods 2002
	100 Medley Relay	1:11.97	28-Jun-03	Sudley 2003
10 & U	100 IM	1:21.92	1-Jul-98	Caitlin Brown (RWB)
11-12	50 Free	29.04	1-Jun-93	Tiffany Seal (BL)
	50 Back	33.24	22-Jun-02	Lauren Daugherty (BRB)
	50 Breast	36.72	17-Jul-04	Lauren Poli (SUD)
	50 Fly	31.37	1-Jul-93	Tiffany Seal (BLST)
	100 IM	1:11.85	12-Jul-03	Lindsey Marchand (LR)
	100 Free Relay	58.70	1-Jul-96	Ridgewood 1996
	100 Medley Relay	1:05.79	26-Jul-03	Lake Ridge 2003
13-14	50 Free	28.26	1-Jun-98	Katie Doggett (RWB)
	50 Back	31.04	1-Jul-98	Katie Doggett (RWB)
	50 Breast	35.70	1-Jul-99	Paige Capro (MSST)
	50 Fly	30.46	19-Jul-03	Sarah Ameen (SPST)
	100 IM	1:08.80	1-Jul-98	Katie Doggett (RWB)

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	200 Free Relay	1:59.16	1-Jul-98	Ridgewood 1998
	200 Medley Relay	2:14.04	1-Jul-99	Ridgewood 1999
15-18	50 Free	27.85	1-Jul-91	Kris Sunday (SUD)
	50 Back	30.25	1-Jun-99	Katie Doggett (RWB)
	50 Breast	35.47	1-Jul-90	Jennifer Clarkson (MSST)
	50 Fly	30.23	3-Jul-04	Kristen Haudenschild (LR)
	100 IM	1:08.35	1-Jul-99	Katie Doggett (RWB)
	200 Free Relay	1:53.06	1-Jul-88	Montclair 1988
	200 Medley Relay	2:09.94	1-Jul-99	Ridgewood 1999

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SC Meters-Men

8 & U	25 Free	16.40	1-Jul-00	BJ Fisher (SUD)		
	25 Back	19.12	25-Jun-05	Conner Bergeron (SUD)		
	25 Breast	21.75	13-Jul-02	Louis Wojciechowski (SUD)		
	25 Fly	17.87	13-Jul-02	Louis Wojciechowski (SUD)		
	100 Free Relay	1:12.79	1-Jul-00	Sudley 2000		
9-10	50 Free	31.83	1-Jul-83	David Crone (BL)		
	50 Back	36.20	1-Jun-00	Robert Norris (SPST)		
	50 Breast	40.41	1-Jul-99	Thomas Hale-Kupiec (LR)		
	25 Fly	15.67	1-Jun-83	David Crone (BLST)		
	100 Free Relay	1:02.96	27-Jul-02	Sudley 2002		
	100 Medley Relay	1:11.00	27-Jul-02	Sudley 2002		
10 & U	100 IM	1:18.12	1-Jul-00	Robert Norris (SPST)		
11-12	50 Free	27.50	31-Jul-04	Patrick Lytle (SUD)		
	50 Back	32.15	24-Jul-04	John Wojciechowski (SUD)		
	50 Breast	35.75	1-Jul-99	J.R. Kapurch (DCST)		
	50 Fly	30.40	31-Jul-04	John Wojciechowski (SUD)		
	100 IM	1:09.50	31-Jul-04	Patrick Lytle (SUD)		
	100 Free Relay	54.28	31-Jul-04	Sudley 2004	Fisher, Wojciechowski, Wittenauer, Lytle	
	100 Medley Relay	1:00.87	31-Jul-04	Sudley 2004	Fisher, Wojciechowski, Wittenauer, Lytle	
13-14	50 Free	26.01	1-Jul-87	David Crone (SUD)		
	50 Back	28.82	10-Jul-04	Robert Grimmett-Norris (SPST)		
	50 Breast	31.60	1-Jul-93	Scott Werner (SUD)		
	50 Fly	27.98	3-Jul-04	Robert Grimmett-Norris (SPST)		
	100 IM	1:03.62	3-Jul-04	Robert Grimmett-Norris (SPST)		

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	200 Free Relay	1:52.13	29-Jun-02	Lake Ridge 2002	T Hale-Kupiec, C Chicoine, W Woessner, A
	200 Medley Relay	2:05.04	14-Jul-01	Ridgewood 2001	
15-18	50 Free	24.27	21-Jul-01	Christian Lindberg (RWB)	
	50 Back	27.58	1-Jul-99	David Horak (BLST)	
	50 Breast	29.53	1-Jun-97	Scott Werner (SUD)	
	50 Fly	26.00	27-Jul-02	Chris Soniak (OBB)	
	100 IM	59.80	1-Jun-97	Scott Werner (SUD)	
	200 Free Relay	1:42.82	1-Jul-98	Ridgewood 1998	
	200 Medley Relay	1:54.51	1-Jul-94	Sudley 1994	

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SC Meters-Mixed

8 & U	100 Medley Relay	1:22.97	7-Jul-02	Sudley 2002
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